



- Saint Thomas More -

# International Catholic Chaplaincy Bonn

SUNDAY January 25th, 2026  
3rd Sunday in Ordinary Time  
Tokyo Sunday  
Mass 9:30 a.m.

- HEILIG KREUZ CHURCH-  
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Parish office is open Mo to Fri from 2pm to 5 pm  
Chaplains: Father Gregory White  
Father Stephen Oranuba  
Parish Secretary: Martina Löscher

### Today's Mass Intention: For the parishioners

Today's readings	<b>GATHER: No. 986</b>	
Order of the Mass	<b>GATHER: No. 134 onwards</b>	
<b>KYRIE</b>	<b>sung</b>	

**GLORIA:** sung

**FIRST READING:** *Isaiah 8:23 - 9:3*

**Responsorial Psalm** *Psalm 27:1, 4, 13-14*

**R. (1a)** The Lord is my light and my salvation.

**SECOND READING:** *1 Corinthians 1:10-13, 17*

**Gospel acclamation:** *Alleluia*

**JESUS PROCLAIMED THE GOSPEL OF THE KINGDOM AND CURED EVERY DISEASE  
AMONG THE PEOPLE.**

**Gospel acclamation:** *Alleluia*

**GOSPEL:** *Matthew 4:12-23*

### Credo: recited

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

**TODAYS PRAYER RESPONSE:** Lord, graciously hear us

**Memorial Acclamation:** We proclaim your death, O Lord,  
and profess your resurrection until you come again.

**Confession is available Sunday after Mass and by appointment.**

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### **TOKYO SUNDAY – 25 JANUARY 2026**

On January 25, 2026, the archdioceses in Cologne and Tokyo will celebrate the 72nd annual "Tokyo Sunday". This year, the "prayer and aid community" is standing together at the side of the people in Myanmar.

The two archbishoprics have a special relationship with the local church in Myanmar - one of the poorest countries in the world. The people have been suffering since the military coup four years ago. Many had to leave their homes and have been fleeing the violence ever since. The church in Myanmar has been supporting all Burmese with its mission for years, thereby promoting dialogue beyond religion and ethnicity.

Last year, the two archbishoprics commemorated the displaced people in the South East Asian country and took up a collection for the people suffering from the effects of the civil war. In addition, delegations and the bishops of the three countries visit each other regularly and revitalise the partnership.

At the same time as "Tokyo Sunday" in the Archdiocese of Cologne, "Cologne Sunday" will also be celebrated in Tokyo on January 25. Cardinal Josef Frings from Cologne and his Japanese brother Peter Tatsuo Doi from Tokyo founded "Tokyo Sunday" in 1954 as a "prayer and aid community". Financial support from Cologne for the partner diocese of Tokyo has no longer been necessary since the Japanese economic boom of the 1960s and 70s.

#### **Archdiocese of Tokyo**

Christians are a small minority in Japan. Around 19 million people live in the archdiocese of Tokyo, only around 96,000 of whom are Catholic. This corresponds to only around 0.5% of the population. Geographically, the archdiocese today covers the Japanese prefectures of Tokyo and Chiba. The archdiocese of Tokyo was founded in 1891 after Christianity was officially banned in Japan until 1873. Tarcisius Isao Kikuchi has been Archbishop of Tokyo since December 2017. Together with the dioceses of Niigata, Saitama, Sapporo, Sendai and Yokohama, the Archbishopric of Tokyo forms the ecclesiastical province of Tokyo, which extends across eastern Japan.

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#### **All families welcome**



Our community is blessed to have many young families, and we want to make sure that they all know how happy we are to have them with us. We also know that children can act up on occasion, and that is by no means a reason to leave them or anybody else at home. It is good for the children to participate in the liturgy from their first days, so that it is also a familiar environment for them. For the moments when they do lose control, please feel free to use the different areas in the back of the church.

The entrances are all closed in by glass doors, forming a good sound barrier and making it possible to still participate in Holy Mass. If it is too cold or drafty there you are also welcome to use the rooms behind the confessionals and the sacristy. Thank you for your consideration of the others and we hope you and your family always feel welcome.

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**"Let the children come to Me" Matthew 19:13-15**

**To all the children and youth of our parish,**  
**you are warmly invited to come and spend some time with the Lord,**  
**truly present in the Eucharist, at an Adoration directly after Holy Mass**  
**on the 1st February.**

**Please join us for prayer before the Blessed Sacrament.**

## ARE YOU NEW?

If you are new to our Saint Thomas More Catholic Chaplaincy, we are glad to have you with us this morning. Please fill in a Newcomer Registration form so that you can receive copies of our occasional email news bulletin and other communications. Newcomer Registration forms can be found on the table at the back of the church at the end of the middle aisle. Please put your filled-out forms in one of our collection baskets or pass them to the ushers or directly to our parish secretary. For reasons of data protection, we ask that you may not leave your filled out registration forms in the church but rather hand them to us personally. If you need any assistance, please feel free to contact our secretary via email or personally after our Sunday Mass.

## MORE USHERS URGENTLY NEEDED:

Many of our parishioners have moved away in the past years and have left a good number of usher positions open. We would appreciate if people would look into filling in for them in this important community service. For those who do not feel called to teach, read, sing or serve on the altar, this is yet another way to play an active role in our STM community.

It is not just open to families and ladies either. It would be very much appreciated if our gentlemen, no matter the age, would get involved as well.

Please contact the office or talk to Alma Jean directly who is coordinating our ushers these days. Thank you all very much for your support.

### More dates for your calendars:

**Weekday Masses are on Tuesday and on Thursday at 7pm in the rectory**

**Today, January 25th 2026 - 9:00 am we pray the ROSARY before our Sunday Mass.**

### Special Collection today "TOKYO SUNDAY" for the Church in MYANMAR

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- Coming Sunday, 1<sup>st</sup> February - adoration for our youth and children
  - right after Sunday Mass

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### Eucharistic Adoration

Come and spend time with the LORD, truly present in the Eucharist.



When: 5th February 2026 from 8.30 pm to 9.30 pm  
Where: **St. Andreas Church, Andreasstr.1, Bonn Rüngsdorf**  
An hour of prayers, meditations and chants in English.

*"How kind is our Sacramental Jesus!*

*He welcomes you at any hour of the day or night.*

*His Love knows no rest.*

*When you visit Him, He forgets your sins and speaks only of His joy,  
His tenderness and His Love." (St.Peter Julian Eymard)*

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- ASH WEDNESDAY 18 February at 7 pm Evening Mass in the church

